



EASTERN REGION ADULT RIDERS CLUB

Rally rules:

Rallies are organized a week ahead, so if possible, book in for your next rally at the previous one. Also, we need to give instructors some certainty, so if you need to withdraw, you may be required to pay regardless (usually the Sunday night prior to the Tuesday rally is the cut off).

Be on time and in the arena before the instructor arrives, and warm up your horse in walk for 5 – 10 minutes so that the lesson can commence promptly.

Some instructors will prefer to give you brief periods of intense personal tuition, while others will treat the group as a ride, and expect more conformity. Decide what works for you, and choose your instructor accordingly. However, if you can't get into the instructor you want, give another one a try – often coaches say things differently and you may just find a new approach helpful.

If you find yourself unable to perform as requested (because your horse is “playing up” or you aren't sure of the aids required to perform the movement, make sure you don't disrupt the lesson for others and either work by yourself for a bit, or seek advice from the instructor as to how to deal with it. You may find that others in the group also don't quite know how to achieve what has been asked and will be grateful to you.

Also remember that it's safety first at all times, and while some instructors will be very encouraging for you to work through things or try new techniques, at the end of the day your safety is your responsibility, and there is no shame in saying “no, I don't feel safe doing that”.

Finally, thank the instructor at the end, and don't be reluctant to ask what you should work on for next time. We are more likely to improve if we do our homework 😊